



## Circle of Security® PARENTING SERIES

At times all parents feel lost or without a clue about what our child needs from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting program is an 8 week program based on years of research about how to best support and strengthen parent-child relationships. It is designed to help parents give their children a feeling of security and confidence so their children explore, learn, grow and build positive relationships. Parents who complete the class say their children are now more understanding of other's emotions, have stronger self-esteem, and have happier, more positive relationships with their parents and other children.

### What's in it for me?

- Learn the importance of the parent-child relationship and how to keep it strong
- Learn how to manage your child's emotions and your own response to them
- Learn how to be the best parent you can be
- Learn how to "be present" with your child during the best and toughest of times

**Presented by:** Carol Vetter - Early Childhood Special Educator

**Sponsored by:** Region II Human Services

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**Location:** First United Methodist Church  
420 Holland Street  
Imperial, NE 69033

**Dates:** Tuesday's January 20, 27,  
February 3, 10, 17, 24,  
March 3, 10, 2015

**Times:** 6:30 -8:30 PM CST

**Cost:** Free

**Who should attend:** Parents of young children (ages birth – 8 years old)

**How to register:** Register quickly as the class can only have 12 participants

Call: Carol Vetter at 308 883-1378

Please leave a message ~ Please let us know if you need childcare.



Circle of Security  
INTERNATIONAL  
*Early Intervention Program for Parents & Children*